

The Rural Lunch Co.

BUFFET MENU

www.rural-lunch.co.uk

order@rural-lunch.co.uk

Tel - 07812 030366

Buffets Available 7 Days a Week (Please give 48 hours Notice) Order online at order@rural-lunch.co.uk

Prices

1 x Sandwich or Wrap with 2 Fillings £3.00
3 x Veggie or Meat Bites plus a Sandwich or Wrap £5.00
4 x Veggie or Meat Bites plus a Sandwich or Wrap & Dessert £7.00
Individual Large Salads £5.00 per person
Sides £2.00
Desserts £2.50

Or I can work within your Budget

Meaty & Fishy Bites

Mini Yorkshire Puddings with Rare Roast Beef, Horseradish Cream Cheese & Watercress
Marinated Honey Sausages
Pigs in Blankets
Pesto Chicken & Roasted Red Pepper Crostini
Marinated Sticky Sweet Chilli Chicken or Chicken Satay Skewers
Homemade Quiche Bites
Fresh Prawn, Cream Cheese & Salmon Cucumber Bites
Prosciutto On Flatbread with Sun Dried Tomato & Mascapone
Homemade Red Onion Chutney & Plain Sausage Rolls
Spanish Mixed Meat Plate Served with Sliced Rustic Bread & Aioli

Veggie & Vegan Bites

Roasted Vegetables & Hummus Bilinis
Mushroom, Garlic & Cream Cheese Pastry Bites
Goats Cheese & Red Onion Chutney Crostinis
Veggie/Vegan Sausage Rolls
Homemade Goats Cheese, Roasted Red Pepper, Spinach & Sun Dried Tomato Quiche Bites
French Brie & Cranberry Pastry Bites
Marinated Vegetable & Halloumi Skewers
Indian Assortment (Onion Bhajis, Samosas, Pakoras)
Vegetable Crudites, Falafels, Stuffed Peppers & Hummus

Mix & Match from The Sandwich & Wrap Menu

Fresh Salads

Classic Chicken & Bacon Caesar Salad
Cous Cous & Falafel Salad with Pomegranet & Feta with a Coriander & Citrus Dressing and a dollop of Red Pepper Hummus
Marinated Sweet Chilli Chicken Salad with Tatziki
Goats Cheese, Beetroot & Walnut Salad with a Balsamic Dressing
Buffalo Mozzarella, Basil & Tomato Plate
Penne Pasta Pesto Salad

Sides

Chunky Homemade Coleslaw
Crushed Garlic & Rosemary Potato Salad
Garlic & Paremisan Flat Bread

Desserts

Mixed Selection of Macaroons
Homemade Selection of Cupcakes
Mini Fresh Cream Cakes
Fresh Scone with Raspberry Jam & Clotted Cream
A Selection of Cheeses, Biscuits with Chutney, Grapes & Celery
Fresh Seasonal Fruit Plate

Drinks Available on Request

Please advise if you have any allergies

If there is something else you would like, then please do not hesitate to ask :)

Delivering Fresh Food Direct to Your Door - 7 Days a Week

** Free Delivery within Leicestershire