

The Rural Lunch Co.

Working Sandwich/Wrap Platter Menu



Sandwich & Wrap Platters plus Crisps £3.75 per person

Served on a White Tortilla Wrap, 7 Cereal Bread or Soft White Bread

Choose from the following Fillings -

Meat & Fish

Rare Roast Beef, Sliced Gherkin, Horseradish Mayo, Spinach & Tomato
Coronation Chicken & Salad
Pulled Pesto Mayo Chicken, Roasted Red Peppers & Spinach
Home Roasted Honey & Maple Ham, Mayo, Mature Cheddar & Chilli & Tomato Chutney
Smoked Bacon, Brie, Mayo & Chilli Jam
Tandoori Chicken, Tatziki & Salad
Smoked Salmon, Cream Cheese & Cucumber
Tuna Mayo Mixed with Peppers, Red Onion & Cucumber
Home Roasted Honey & Maple Ham, Butter & English Mustard
Homemade Chunky Coleslaw & Sliced Chicken
Smoked Bacon, Chicken Breast, Mayo & Avocado
Fresh Prawns, Salad & Mayo

Vegetarian & Vegan (Vegan Mayo, Butter & Cheddar available on request)

Goats Cheese, Mayo, Red Onion Chutney & Salad
Chunky Egg Mayo & Watercress
Garlic Mushroom, Mayo, Gorgonzola & Spinach
French Brie, Mayo & Cranberry
Mature Cheddar, Tomato & Chilli Chutney, Butter & Salad
Homemade Chunky Coleslaw, Mature Cheddar & Sun Dried Tomatoes
Hummus, Grated Carrot, Falafel, Salad & Sweet Chilli
Beetroot, Mayo, Salad, Grated Carrot, Avocado, Red Onion Chutney,
Avocado, Crushed Cashew, Mustard, Mayo, Mixed Leaves & Mango Chutney
Sun Dried Tomato Paste, Mayo, Sliced Red Onion, Vegan Cheddar & Mixed Leaves
Roasted Veggies, Hummus, Spinach & Sweet Chilli
Avocado, Roasted Red Peppers, Pesto, & Salad

If there is something not on there that you fancy, then just let me know and I'll see what I can do :)

Gluten Free Granary Bread also available on Request

Add the Following to Bulk up Your Lunch - £2.00 per person

Fresh Seasonal Fruit Bowl
A Large Slice of Chocolate Fudge Cake & Clotted Cream
A Large Slice of Vanilla Cheese Cake & Berry Compote
Chunky Granola Bar Dipped in Milk Chocolate
An Assortment of Mini Fresh Cakes

Drinks Available - £1.00 per Can & £1.50 per Bottle

Can of Diet Coke
Can of Regular Coke
Can of Limonate
Can of Orangina
Regular Bottle of Still or Sparkling Water
Regular Bottle of Fresh Orange Juice
Large Bottles of Still or Sparkling Water £3.00 per bottle

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