

The Rural Lunch Co

Buffet Menu



Mix and Match Sandwiches, Wraps, Bite Sized Nibbles,

Salad & Dessert for £8.50 per person

Sandwich Fillings –

- Mature Cheddar, Butter, Red Onion Chutney & Salad
- Egg Mayo & Watercress
- Tuna Mayo Mix & Cucumber
- Prawn Marie- Rose & Avocado
- Ham, Egg Mayo & English Mustard
- Roast Beef, Horseradish Mayo, Gherkin, Tomato & Spinach
- Sliced Chicken Breast & Homemade Coleslaw
- Bacon, Brie, Mayo & Cranberry
- Coronation Chicken
- Bacon, Mixed Leaves, Mayo & Cherry Tomato

Wrap Fillings –

- Pulled Pesto Mayo Chicken, Roasted Red Peppers & Spinach
- Mature Cheddar, Coleslaw, Red Onion Chutney & Salad
- Tuna Mayo Mix & Salad
- Goats Cheese, Beetroot, Mayo, Bacon & Salad
- Hummus, Grated Carrot, Feta, Falafel & Salad
- Chicken or Veggie Fajita with Mature Cheddar, Guacamole & Sour Cream

Bite Sized Nibbles

- Mini Quiches & Pies
- Bates Butchers Sausage Rolls
- Mini Sausages tossed in Honey & Sesame Seeds
- Brie & Cranberry Pastry Bites
- Mushroom & Stilton Pastry Bites
- Pesto Chicken & Red Pepper Flat Bread
- Goats Cheese & Red Onion Chutney Flat Bread
- Crudités with Hummus, Tzatziki & Taramasalata
- Chicken Satay & Peanut Dip
- Veggie Kebabs

Salads

- Moroccan Bean Veggie Salad
- Traditional Chicken Caesar Salad
- Homemade Chunky Coleslaw
- Mixed Leaves & Balsamic Dressing
- Potato & Egg Salad

Desserts

- Mini Bite Sized Fresh Cakes
- Selection of Cupcakes
- Chocolate Fudge Cake
- Vanilla Cheesecake
- Fresh Seasonal Fruit
- Cheeseboard with a Selection of Chutneys